

How do I make Purity work for me?

Last week we made a decision to reject the world's lies about sex, and embrace God's truths about purity.

Purity is a heart decision. Get your heart right with God, and purity naturally follows. Psalm 51:10-12. "Create in me a pure heart, O God, and renew a steadfast spirit within me. Do not cast me from your presence or take your Holy Spirit from me. Restore to me the joy of your salvation and grant me a willing spirit, to sustain me". The more we seek after our God, the more His heart becomes our heart, and His thoughts become our thoughts.

Today we're talking about HOW to stay pure and resist temptation.

-Sex is everywhere! (ex-magazine pictures)

We have to live in this world, but we don't have to copy it. Romans 12:2 "Don't copy the behavior and customs of this world, but let God transform you into a new person by changing the way you think. Then you will learn to know God's will for you, which is good and pleasing and perfect."

-How hot is too hot? What's this doing to guys? (Guys and Sexy Quiz).

-Girls and Guys are different.(Guys/visual, Girls/emotional).

-Save sexy for your husband.

-Change your thought process. [ex-chick flicks and romance novels are an extreme turn-on for a girl].

Philippians 4:8. "...whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable-if anything is excellent or praiseworthy-think about such things." progression of thoughts of romance to acts of romance. Save them, it's worth it!

-Let God be your passion, for you are His! (you won't relent/flowers).

Song of Songs 8:6,7 "Place me like a seal over your heart, like a seal on your arm. For love is as strong as death, its jealousy as enduring as the grave. Love flashes like a fire, the brightest kind of flame. Many waters cannot quench love, nor can rivers drown it."

-What about everything I'm feeling right now? I'm not sure about all this... [small groups]

Psalm 37:4 "Delight yourself in the Lord, and He will give you the desires of your heart."

Isaiah 41:10 "So do not fear, for I am with you; do not be dismayed, for I am your God, I will strengthen you and help you; I will uphold you with my righteous right hand."

Jeremiah 29:11 "For I know the plans I have for you, says the Lord. They are plans for good and not for disaster, to give you a future and a hope."